

Test Taking Strategies

Using Time Wisely Strategies

1. Set up a schedule for progress throughout the test. Look over the entire test before beginning to work.
2. Word as rapidly as possible while maintaining accuracy.
3. Skip items that resist a quick response. Mark the skipped items that could use further consideration so that you may locate them easily if time allows. Read the entire questions because your subconscious will continue to consider the question as you move on.
4. Use the time remaining after completing the test to reconsider answers to skipped questions or those that need further consideration.
5. If any time remains, use the time to check your answers. Use ALL of the allotted time. Leaving early has no direct correlation to good grades.

Error Avoidance Strategies

1. Pay careful attention to DIRECTIONS.
2. Be careful to determine the nature of the question.
3. Check all answers.
4. Remember to carefully mark the correct answer on your answer sheet.

Guessing Strategies

1. Always guess if right answers only are scored.
2. Don't make wild guesses. Many times you can get the answer by a process of reasoning and elimination of answers. Sometimes you may find hints to the answer of a question in other questions.

Physical and Emotional Readiness

- 1. Develop a good attitude toward the exam. To do well on an exam, you must think positively. Put everything else out of your mind and think only of doing well on the test.**
- 2. Don't panic. Feel confident.**
- 3. Get plenty of sleep the night before the test. Cramming at the last minute is an ineffective approach to taking a test.**
- 4. Have a good meal before leaving the house. You will need a good protein breakfast to keep you alert during the test.**
- 5. Spend the night before an exam making a final review. Go to bed without watching television or engaging in conversations.**
- 6. Get up a half hour earlier on test day – review notes, have leisurely breakfast.**
- 7. Be on time.**
- 8. Sit in a quiet spot before the test. Avoid getting into conversations regarding the test.**

Miscellaneous Tips

- 1. Do not hesitate to change an answer if you feel you should. However, don't change answers if you simply feel unsure and have no better answer to provide.**
- 2. Examine carefully all possible responses in the case of an objective test before attempting to choose the correct answer. Then use a process of elimination.**
- 3. Use relevant content information in other test items and options.**
- 4. Concentrate attention to test relevant matters while directing attention away from self-evaluation. (Positive talk – not negative self talk.)**
- 5. Tackle each item, one at a time, rather than aiming for the whole test.**
- 6. Do not expect to find a pattern in the positions of the correct choices on an objective test.**

The best test taking strategy:

Be prepared for the test.